



City of Renton Adult Kickball Rules

Players must be 18 years of age to participate in the City of Renton Kickball League. To be eligible to participate in the league, all players must have signed and completed a City of Renton team roster. Rosters are due prior to the first scheduled game.

An official WAKA Red Rubber Kickball will be used for game play.

1. One Kickball will be provided to each team. Home team must provide the game ball.
2. A team consists of 10 field players (at least 4 must be female). A minimum of 8 players (at least 4 must be female) are needed to start and continue a game. Rosters may consist of up to 20 players. All players present are eligible to kick. No more than two of the same gender may kick consecutively. Teams are encouraged to kick their entire lineup.
3. Games are 7 innings or a time limit of 1 hour. No new inning may begin after 50 minutes. The 10 run rule is in effect after 5 innings of play. Games will be played on a regulation softball field with 60ft bases.
4. Innings will consist of three outs. Outs are made similar to that of softball; force outs, pop outs, strikeouts, etc. An out may also be made when a runner, who is not touching a base, is hit below the shoulders (the ball is poison). Any ball that hits a runner in the head will result in a dead ball and the runner will be awarded the base unless the runner is ducking or sliding into a base, then he or she is out.
5. A kicker may kick the ball after it crosses the front of home plate. A player kicking the ball in front of the plate is an out. A missed attempt at a kick or a foul ball will be a strike. All foul balls are considered strikes unless the foul ball is caught in the air is, that is considered an out. 3 strikes is an out. If a player receives 4 balls during the kicking turn, they will be awarded the base.
6. The pitcher must roll the ball at a slow to moderate speed. If in the judgment of the umpire the ball is rolled too fast or slow, or too bouncy, or with a spin, the umpire will rule the pitch illegal and a "ball" will be called. (Note: The kicker may still attempt to kick the ball after an "illegal pitch" has been called. If the ball is kicked, it shall be declared "live" and the result of the play will stand.)
7. Bunting/soft kicks are only allowed by females.
8. Leading off and stealing are not allowed. Slide or avoid rule for baserunners is in effect- no contact.
9. All players must wear closed-toe shoes. Baseball or soccer cleats are allowed provided they have rubber, or molded plastic soles only. No metal cleats.
10. Courtesy runners are allowed, one per gender.
11. Free defensive substitution. Players may play anywhere on defense in the field.
12. Outfielders will be required to begin every play with both feet completely on the outfield grass or the area designated by the umpire until the ball is put into play by a kick.
13. Pitchers will be required to stay within the circle until the kicker touches the ball. Once the kicker touches the ball, the pitcher can leave the circle.
14. Catchers MUST stay behind the kicker at all times. If catcher interferes with the kicker then the kicker will automatically get first base.
15. Time may be called by the umpire when the infield defense controls the kickball on the infield or automatically if a player has control of the ball within the Pitcher circle. This will be up to the umpire's discretion.

The above kickball rules may be modified at the discretion of the umpire. A pre-game meeting is encouraged prior to every game.

Coaches and managers are responsible for ensuring that all players understand and abide by league rules and regulations. All City of Renton Park Rules and Regulations apply during league play and can be found on rentonwa.gov.